



Example Risk assessment: For Social and Therapeutic Horticulture Activities in ABC Care Home, Anywhere

PLEASE NOTE THIS IS AN EXAMPLE ONLY – THERE MAY BE DIFFERENT RISKS IN YOUR ENVIRONMENT, YOU MUST CARRY OUT YOUR OWN RISK ASSESSMENT AND PUT IN PLACE YOUR OWN PLANS TO MITIGATE RISKS. GROWING SUPPORT IS NOT RESPONSIBLE FOR THE SAFETY OF YOUR CLIENTS.

Name: ABC Care Home	Assessment date: April 2015
Location: 1 High Street, Any Where	Review Date: April 2016 The risk assessment should be reviewed at least every 12 months. Every activity session should also be risk assessed in advance.

HAZARD Potential for harm	Who's at risk?	Level of Risk (Likelihood x potential consequences)	PRECAUTIONS	Who will do them?	When? Before / during?
Slips, trips and falls	All involved (clients, staff, volunteers and carers) particularly those with poor mobility	Medium	<p>Make aware of hazards</p> <p>Take breaks and provide seating where necessary</p> <p>Ensure appropriate footwear</p> <p>Ensure appropriate clothing</p> <p>Ensure area is clear of potential trip hazards, including gardening equipment</p>	<p>Growing Support Activity Leader (GS)</p> <p>GS and ABC Care Home Activity Coordinator</p> <p>ABC Care Home Activity Coordinator</p> <p>ABC Care Home Activity Coordinator</p> <p>GS and ABC Care Home Activity Coordinator</p>	<p>During</p> <p>Ensure seats available before</p> <p>Before</p> <p>Before</p> <p>Before and during</p>
Temperature	All involved	Low	Make all involved aware	GS	Before and

<ul style="list-style-type: none"> • Weather • hydration 			<p>Ensure appropriate clothing</p> <p>Application of sun cream / barrier where necessary</p> <p>Drink plenty of water</p> <p>Short breaks if working in sun</p> <p>Work in shade if possible on hot days</p> <p>Give verbal warnings</p>	<p>ABC Care Home Activity Coordinator</p> <p>ABC Care Home Activity Coordinator</p> <p>ABC Care Home Activity Coordinator</p> <p>GS</p> <p>GS</p> <p>GS and ABC Care Home Activity Coordinator</p>	<p>during</p> <p>Before</p> <p>Before and during</p> <p>During</p> <p>During</p> <p>During</p> <p>During</p>
<p>Injury through:</p> <ul style="list-style-type: none"> • Poor hazard awareness • Limited comprehension of instructions 	<p>All involved</p>	<p>Medium</p>	<p>Support and guide in recognition of hazards</p> <p>Make all involved aware</p> <p>Make site as safe as possible before the session</p>	<p>GS</p> <p>GS</p> <p>ABC Care Home Activity</p>	<p>Before and during</p> <p>Before and during</p> <p>Before</p>

<ul style="list-style-type: none"> Limited comprehension of social situations Limited / lack of concentration 			<p>Close supervision, especially when any sharp tools are being used</p> <p>Simple clear instructions</p> <p>Repeat instructions where necessary</p> <p>Support self confidence in communication</p> <p>Short and achievable tasks</p> <p>Reduce external distractions</p>	<p>Coordinator</p> <p>GS and ABC Care Home Activity Coordinator</p> <p>GS and ABC Care Home Activity Coordinator</p> <p>GS and ABC Care Home Activity Coordinator</p> <p>GS and ABC Care Home Activity Coordinator</p> <p>GS</p> <p>GS and ABC Care Home Activity</p>	<p>During</p> <p>During</p> <p>During</p> <p>During</p> <p>Before and during</p> <p>Before</p>
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			Regularly check / monitor work to ensure safety	Coordinator GS and ABC Care Home Activity Coordinator	During
Injury / accident / distress through: <ul style="list-style-type: none"> Anxiety Allergy Allergic reaction 	All involved. Clients with dementia may be more likely to get anxious and or try to eat inedible garden resources / materials.	Medium	<p>Ensure care staff are present who can manage personal care tasks, including medication / mouth swipes</p> <p>Ensure there is a first aider who can respond to any accidents / injury promptly</p> <p>Make site as safe as possible before the session</p> <p>Ensuring inedible gardening resources / materials that are used are out of reaching distance from those at risk of trying to eat these.</p> <p>Use non-toxic plants / gardening materials</p> <p>Close supervision</p>	<p>ABC Care Home Activity Coordinator</p> <p>ABC Care Home Activity Coordinator</p> <p>ABC Care Home Activity Coordinator</p> <p>GS and ABC Care Home Activity Coordinator</p> <p>GS</p> <p>GS and ABC</p>	<p>Before and during</p> <p>Before</p> <p>Before</p> <p>Before and during</p> <p>Before and During</p> <p>During</p>

			Support self confidence in communication	Care Home Activity Coordinator	During
			Short and achievable tasks	GS and ABC Care Home Activity Coordinator	Before and during
			Reduce external distractions	GS	Before
				GS and ABC Care Home Activity Coordinator	

Injury / accident through use of mobility aid: <ul style="list-style-type: none"> • Cane • Wheelchair (manual / motorised) • frame 	Anyone using this equipment	Medium	Ensure site is accessible beforehand	GS	Before
			Make aware of hazards	GS	Before and during
			Take regular breaks and provide seating where necessary	GS and ABC Care Home Activity Coordinator	During
			Ensure appropriate footwear and clothing	ABC Care Home Activity Coordinator	Before
			Make site as safe as possible before the session	GS	Before
			Close supervision	GS and ABC Care Home Activity Coordinator	During

Use of gardening tools

Growing Support will provide simple gardening equipment such as hand trowels and watering cans to be used during sessions. Equipment should be used and cleared away in line with health and safety guidelines to prevent risk of slips, trips and falls. Any

use of equipment will be monitored according to Growing Support's health and safety policy and there will be shared responsibility between Growing Support and the Provider to ensure service users are able to safely use this equipment.

Risk Summary

Growing Support has assessed the risks associated with these activities as ranging from low – medium. Where risks have been identified, precautions have been put in place, to be shared by both Growing Support and ABC Care Home to reduce the risks involved.

Please note that it is ABC Care Home's responsibility to assess whether it is appropriate and safe for individuals to take part in Growing Support activities, according to their individual care plans and risk assessments and Growing Support will be guided by ABC Care Homes in this respect.

Signed on behalf of ABC CARE HOME.....

Date.....

Signed on behalf of GROWING SUPPORT

Date.....