

## 'Taster' visit to Feed Bristol

Growing Support and the Dementia Wellbeing Service are working together to increase opportunities for people with dementia and their carers or family members to join community gardening groups.

We are offering taster visits for people with dementia and their carers to get to know local community gardens, meet other members of the garden and sample the activities available.

**Where:** On the junction of Frenchay Park Rd and Stoke Lane in Stapleton, BS16 1HB. The entrance is by the traffic lights on Frenchay Park Road.

**When: 1.30-3.30pm on:**

- Wednesday 20<sup>th</sup> July
- Wednesday 17<sup>th</sup> August
- Wednesday 21<sup>st</sup> September



**How:** To find out more or book your visit please contact Dale on [dalec@growingsupport.co.uk](mailto:dalec@growingsupport.co.uk) or 07581 281 578

