

growing support

because gardens are good for you



Engaging residents with dementia in Social and Therapeutic gardening activities

About:

This training will be delivered by Growing Support with funding from the Dementia Wellbeing Service.

Learning outcomes:

- Better understanding of the health and wellbeing benefits for residents of engaging in gardening activities and spending time outside
- Improved understanding of how to effectively manage risk for residents in the garden
- Improved knowledge, skills and confidence in adapting gardening activities to enable residents to take part

Best practice sharing and discussion:

- What can you do in your home to engage more residents in garden activities?

What: a best practice sharing event for care home staff and family members interested in engaging care home residents with dementia in gardening activities

When: Monday 20th March 2017, 12.30 pm-4.30 pm. Lunch will be provided at 12.30 pm.

Where: The Greenway Centre, Doncaster Road, Southmead, Bristol BS10 5PY

Cost: £25 (usually £75!)

To book your place:

Via this link:

<https://www.eventbrite.co.uk/e/engaging-care-home-residents-with-dementia-in-gardening-activities-bristol-event-tickets-29059743475>

Queries to: dalec@growingsupport.co.uk

www.growingsupport.co.uk