

Gardening group for people with dementia and their carers at North Bristol Community Links

Growing Support and the Dementia Wellbeing Service are working together to increase opportunities for people with dementia and their carers or family members to join community gardening groups.

We are offering free introductory sessions for people with dementia and their carers to have a look around different gardens and sample the gardening activities available with other people from the local community.

Where: Bristol Community Links - North, Lanercost Road, Southmead, BS10 6HZ

When: 10.30am – 12.30pm on

- 25/8/16
- 15/9/16
- 6/10/16

How: To find out more or book your visit please dalec@growingsupport.co.uk or 07581 281 578

