



Community Garden Volunteer Role Description



Main Aim:

To improve the outdoor spaces in your community.

Come along and learn new skills, grow your own food, make friends and create some beautiful gardens. You don't need any specialist knowledge just an open mind and willingness to get stuck in. All are welcome and specialist tools are available for those who may struggle with mobility or bending. We can also provide gardening gloves.

Responsible to: Volunteer Manager

Locations and Times:

- East Redcliffe Estate, Thursday 10am to 12 noon
- Lawrence Weston Bungalow, Wednesday 1.30pm to 3.30pm
- Bristol Community Links South, Friday 10.30am to 12.30pm - open to people with dementia and their carers

All sessions are weekly and run on a drop in basis so you can come along when ever suits you but we would encourage you to try to attend at least a couple of times a month to really benefit from your involvement.

Main Tasks and Responsibilities:

Essential:

1. To be able to travel independently to the Community Garden.
2. To complete a participant registration form either before attending or during your first session.
3. To listen to and act on any guidance provided by the group Facilitator
4. To use the appropriate tools and take guidance from the group Facilitator where needed.

5. To look after your own health and safety by wearing appropriate clothing and shoes. For example, water proof or warm clothing where necessary and wearing closed toed shoes.
6. To respect other participants.
7. To be willing to share your knowledge and skills in the garden, as well as to listen and learn from other participants attending the sessions.
8. Ability to be part of a team and work with others to complete tasks

Desirable:

1. To commit to attending twice a month
2. To be able to attend for a period of up to 6 months

What do our current participant volunteers say about this role?

“I love every minute of it, its becoming the highlight of my week”

“It’s such a rewarding volunteering experience. I leave sessions in a better mood than I was in when I woke up that day. It totally lifts my mood”

If you would like to know more about this role or are ready to apply please contact Sam Grief on sam.grief@growingsupport.co.uk or call or 07548 206158. Thank you for your interest.